

溫哥華五旬節堂 2023 年夏令靈修營研討主題

Pentecostal Tabernacle Vancouver 2023 Retreat Topic

日期： 2023 年 8 月 14 日 (星期一)

講員： 伍陳潔華

主題： 從上而來的智慧

「惟獨從上頭來的智慧、先是清潔、後是和平、溫良柔順、滿有憐憫、多結善果、沒有偏見、沒有假冒。並且使人和平的、是用和平所栽種的義果。」
(雅各書 3:17-18)

「你們中間誰是有智慧有見識的呢？他就當在智慧的溫柔上、顯出他的善行來。」 (雅各書 3:13)

背景：我們的智慧是從哪裏來的？屬天和屬世的智慧有什麼分別？

顯示屬天及屬世智慧的聖經例子：

例一：使徒行傳 15:1-35 - (耶路撒冷會議) - 對話；聆聽；議決；公認

例二：約翰福音 9:1-3 (盲人得見) - 門徒的偏見：病痛皆因患者犯罪

例三：約書亞記 22 章 (築壇疑雲) - 無據假設起爭執，溝通聆聽釋疑慮

反思：分享以屬世及屬天智慧解決問題的經歷，及兩者帶來的不同結果。

1. 為什麼我們須要祈求真智慧？

1.1 惟有認識神的真理，才可得著得救的智慧 (提摩太後書 3:15)

1.2 得救的知識和智慧 = 聽聞真理，相信耶穌，認罪悔改，罪蒙赦免，聖靈印證，永生盼望，求神施賜智慧啟示的靈幫助我們深入認識神及明識祂的旨意 (以弗所書 1:13-19)

1.3 謹守健全的知識和智謀，使我們生活有力（箴言 3:21-22 上）

分享：從上而來的真智慧為我們帶來了什麼益處？

2. 我們怎樣可以得着和謹守這種真智慧？（羅馬書 8:6）

2.1 敬畏耶和華是智慧的開端（箴言 9:10）

2.2 晝夜思想神的律法（詩篇 119:97-100）

2.3 憑信心向神祈求智慧（雅各書 1:5-6 上）

2.4 用各樣的智慧把基督的道豐富藏在心裏（歌羅西書 3:16）

2.5 常常追求被聖靈充滿，克勝軟弱，明識神旨（羅馬書 8 章；哥林多前書 2:10-16）

分享：分享自己追求屬天智慧的心得。

3. 雅各書 3 章 17 節特別提及從上而來的智慧是沒有偏見和沒有假冒的。

- 假如我們認真誠實檢討自己的性情，我們是否都存有偏見同假冒？
- 在什麼事情上我們會有偏見？
- 在什麼事情上我們會有假冒？
- 這些偏見和假冒是怎樣形成的？
- 怎樣才可以除去偏見同假冒？

4. 生命見證分享

- 得了真智慧之後，你的生命有改變嗎？有什麼具體的改變？
- 你有沒有善用屬靈的恩賜為主作工？你在哪些方面為神工作？
- 通常在什麼情況之下，你能為別人帶來和平？

溫哥華五旬節堂 2023 年夏令靈修營研討主題

Pentecostal Tabernacle Vancouver 2023 Retreat Topic

日期: 2023 年 8 月 15 日 (星期二)

講員: 方富宜

主題: 誰在主宰我的生命呢?

箴言 4:23:

「所思想嘅要謹慎；你嘅生活形態係由你嘅思想造成嘅。」(廣東話聖經)

「你要保守你心，勝過保守一切，因為生命的泉源由心發出。」

(和合本 2010)

背景: 將聖經的學習應用在日常生活中 (箴言 4:20-22, 24-27)

反思: 你的日常生活中有分別這些是“我的事情”和那些是“主的事情”嗎?
為什麼?

甚麼纔是與神親近的生活形態? 有什麼混亂和矛盾的情況?

1. 清心 A Pure Heart - 將神的誠命記在清淨單純的心中

「心地純潔嘅人有福咯；因為佢哋將睇見上帝呀！」(馬太福音 5:8)

為甚麼要這樣：「...要留心我嘅話，聽從我嘅教訓。

唔好離開你眼前，要存記喺你心中。

因為得到佢哋，就得到生命，得到健康。」(箴言 4:20-22)

基督教不是一個只帶來個人平安、豐富而充實生活的捷徑。

你有沒有計算肯為主付出了多少，以換取某種回報？結果如何？

你的屬靈根基打好了嗎？怎樣纔可以強化屬靈根基？

2. 誠心 A Sincere Heart - 真誠做主要我們做的事情

堅持、專心、忍耐、自制去完成

「唔老實嘅話一句都唔講；一句大話亦唔講。

要以誠信嘅態度正視前面，唔好垂頭喪氣。

對計劃嘅事要留心，你做嘅就不致差錯。

要排除邪惡，朝住前面直行，唔好離開正路。」(箴言 4:24-27)

這真是基督徒的行為嗎？還是例行工事？

你真正明白為甚麼需要有這些行為嗎？你認為是什麼原因？

3. 熱心 A Zealous Heart - 願意時常學效耶穌，刻意更新自己，謙卑順服主。

不但自己得益，更有主的溫柔，良善，和能力成就主的使命：

傳福音使萬人作主的門徒。

溫哥華五旬節堂 2023 年夏令靈修營研討主題

Pentecostal Tabernacle Vancouver 2023 Retreat Topic

日期： 2023 年 8 月 16 日 (星期三)

講員： 何 盧 靄 文

主題： 為主而活

「我向目標直跑，為要得到獎賞；此獎賞係屬天嘅新生命，係上帝透過基督耶穌呼召我去領受嘅。」（腓立比書 3: 14）

1. 基督徒的目標是什麼？
 - 1.1 立定心意，一生守道，遇困難阻礙時，不會退後。
 - 1.2 憑信心倚靠主，傳福音不畏懼。
 - 1.3 專心追求天上的事情，向永生的目標直跑。

分享：你覺得做一個好的基督徒會遇到什麼困難？

你曾經遇到什麼阻礙，使你灰心喪志，意圖放棄？

怎樣才可以持守這些目標，雖遇艱難，亦不放棄？

2. 我們為什麼追尋這個目標？
 - 2.1 報答主耶穌捨命流血救贖之恩，和上帝的大愛。
 - 2.2 為主名作見證，履行主的使命。
 - 2.3 追尋榮美的天家，得永生的賞賜。

「凡為我嘅名捨棄一切，必定今世得百倍，來世得永生。」

(路加福音 18:29-30)

主耶穌這樣愛我們，為我們捨命，你願意為主放棄你重視的屬世事情，追尋這個不朽壞的永遠生命嗎？

分享：你曾經為了主的緣故，放棄了什麼你認為重要的事情？

後來你發覺你從主裏得到了什麼？

3. 怎樣過一個上帝喜悅的基督徒生活？

3.1 求聖靈幫助，更新自己生命，穿戴屬靈的盔甲，作基督精兵。

3.2 依聖靈指引行事，謙卑順服聖靈帶領，充滿信心，愛心，盼望。

3.3 盡心，盡性，盡意，盡力愛主，以上帝的事為先，又愛鄰如己。

3.4 奉獻自己，效法耶穌，榮耀上帝，為主而活，廣傳福音，無懼困難。

分享：在這些事情上我們有甚麼欠缺，或未能做到？

我們不可灰心，只要有願做的心，上帝必會幫助我們，聖靈會扶助我們。

「求我們的上帝使你們不至於辜負祂的呼召，願上帝用祂的能力，幫助你們實現一切向善的志願，成就你們憑信心作的工夫。」(帖撒羅尼迦後書 1:11)

4. 怎樣可以得到將來上帝賜給我們的屬天賞賜—永遠的生命？

「至於你哋，親愛嘅朋友呀，你哋應該始終堅立嘅至聖嘅信仰上，藉聖靈嘅力量禱告，保守自己常在上帝嘅愛中，仰望我哋主耶穌基督嘅憐憫，賜俾你哋永生。」（猶大書 20-21 節）

分享：從猶大書給我們的指引，我們在其中對於向上帝的信心，靠聖靈的幫助，生活在上帝的愛裏面，仰望上帝的憐憫，得到永生，這些都是基督徒美好的質素，我們在其中有什麼領受？

總結

- 上帝向我們的旨意是要我們做一個成熟的基督徒，為祂的名作見證，以主基督為我們生活的中心，在世有一個豐盛的生命，將來可以承受祂賞賜的永遠生命。
- 願意我們每天都向着這個目標前進，直至我們見主之日。
- 我們確信自己的盼望一定不會落空，生命的冠冕必會為我們存留。

「所以，弟兄呀，既然上帝嘅樣憐恤我哋，我勸你哋將自己當做生活嘅祭物獻俾上帝，專心事奉佢，得到佢嘅喜歡。」（羅馬書 12:1）

溫哥華五旬節堂 2023 年夏令靈修營研討主題

Pentecostal Tabernacle Vancouver 2023 Retreat Topic

Date: 14 August 2023 (Monday)

Speaker: Tammy Ng

Topic: Wisdom from Heaven

“But the wisdom that comes from heaven is first of all pure; then peace-loving, considerate, submissive, full of mercy and good fruit, impartial and sincere. Peacemakers who sow in peace raise a harvest of righteousness.”
(James 3: 17-18)

“Who is wise and understanding among you? Let him show it by his good life, by deeds done in the humility that comes from wisdom.” (James 3: 13)

Background: Where does our wisdom come from?

How do heavenly wisdom and worldly wisdom differ?

Biblical examples distinguishing between heavenly and worldly wisdom:

Ex. 1: Acts 15: 1-35 – Conference of Jerusalem

Dialog; Listening; Resolution; Public Acknowledgment

Ex. 2: John 9: 1-3 – Healing of the Blind Man

Disciples' prejudice: Sickness is caused by sinning

Ex. 3: Joshua 22 – Altar Controversy

Ungrounded assumption & accusation → Conflict

Dialog (explanation & listening) → Understanding & harmony

Contemplation: Share experiences of resolving problems by heavenly wisdom and worldly wisdom, and the differences in their results.

1. Why do we need to seek true wisdom?
 - 1.1 Only by knowing God's truth can we obtain wisdom that leads to salvation. (2 Timothy 3:15)
 - 1.2 Wisdom that leads to salvation = Hear the word of truth; believe in Christ; repent and confess our sins for their remission; inner witness of the Holy Spirit; hope of salvation; pray to God for giving us the Spirit of wisdom and revelation in order to be enlightened to better know Him and His will. (Ephesians 1: 13-19)
 - 1.3 Preserve sound judgment and discernment for a life of vigor. (Proverbs 3:21-22)

Sharing: What benefits has the wisdom from heaven brought us?

2. How can we obtain and preserve this true wisdom? (Romans 8:6)
 - 2.1 The fear of the LORD is the beginning of wisdom. (Proverbs 9:10)
 - 2.2 Meditating on the word of God day and night. (Psalm 119:97-100)
 - 2.3 Asking God for heavenly wisdom in faith. (James 1: 5-6)
 - 2.4 Storing the word of God in us will all wisdom. (Colossians 3:16)
 - 2.5 Being filled with the Holy Spirit in order to overcome weaknesses and know the will of God. (Romans 8; 1 Corinthians 2: 10-16)

Sharing: How do you obtain the wisdom that comes from heaven?

3. James 3:17 specifically states that heavenly wisdom is *impartial* (without *prejudice*) and *sincere* (without *hypocrisy*).

- If we examine ourselves honestly, will we admit that there are indeed traces of *prejudice* and *hypocrisy* in us?
- In what matters do we find ourselves affected by *prejudice*?
- In what matters do we find ourselves affected by *hypocrisy*?
- What are the causes of such *prejudice* and *hypocrisy*?
- How can we get rid of our *prejudice* and *hypocrisy*?

4. Sharing of Testimony

- Did your life undergo any change after you had received the wisdom that comes from heaven? What were the tangible changes?
- Have you made good use of your spiritual gifts to serve the Lord? In what ways have you been serving the Lord?
- Under what circumstances would you bring peace to others?

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Pentecostal Tabernacle Vancouver 2023 Retreat Topic

Date: 15 August 2023 (Tuesday)

Speaker: Esther Fong

Topic: Who Is in Charge of My Life?

Proverbs 4:23

“Be careful how you think; your life is shaped by your thoughts.”
(GNT)

“Above all else, guard your heart, for everything you do flows from it.” (NIV)

Background: Applying what you learn in the Bible to your daily life
(Proverbs 4:20-22, 24-27)

Reflection: Is there a distinction in your daily life between "my business" and "God's matters"? Why is that so?

What kind of lifestyle is considered “being close to God”?

Is there any confusion or conflict? What are they?

1. A Pure Heart - Remembering God's word in your clean and clear heart

“Happy are the pure in heart; they will see God!”

(Matthew 5:8 GNT)

What is the reason for doing this? —

“... Pay attention to what I say; turn your ear to my words.

Do not let them out of your sight, keep them within your heart;

for they are life to those who find them.” (Proverbs 4:20-22 GNT)

Christianity is not a shortcut to personal peace, abundance, and a fulfilling life.

Have you calculated how much you have done for the Lord in exchange for some kind of reward? What was the result?

Is your spiritual foundation strong and secure?

How can we consolidate it?

2. A Sincere Heart - Genuinely doing what God wants for us

To be achieved with persistence, concentration, patience and self-control

“Keep your mouth free of perversity; keep corrupt talk far from your lips.

Let your eyes look straight ahead; fix your gaze directly before you.

Give careful thought to the paths for your feet; and be steadfast in all your ways.

**Do not turn to the right or the left; keep your foot from evil.”
(Proverbs 4:24-27 GNT)**

Is this really a Christian act, or a routine work?

Do you really understand why we behave in such a way?

What are the reasons?

3. A Zealous Heart - Willing to learn from and imitate Jesus at all times and be humble, obedient, and intentional in renewing ourselves.

Besides receiving our own spiritual benefits, we also have God’s gentleness, kindness, and empowerment to fulfill the Lord’s calling:

to share the gospel with others and make them disciples of the Lord.

溫哥華五旬節堂 2023 年夏令靈修營研討主題

Pentecostal Tabernacle Vancouver 2023 Retreat Topic

Date: 16 August 2023 (Wednesday)

Speaker: Hester Lo

Topic: Living for The Lord

"I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus." (Philippians 3:14)

1. What is the goal of a Christian?
 - 1.1 Holding firmly to the truth; no turning back when difficulty arises.
 - 1.2 Relying on God in faith; sharing the Good News without fear.
 - 1.3 Single-mindedly seeking the things above; resolutely running towards the goal of eternal life.

Sharing: What difficulties will a good Christian encounter?

What obstacles have caused you to lose heart and give up?

How can we stay true to our goal despite the difficulties?

2. Why do we pursue such a goal?
 - 2.1 To repay the sacrificial and redemptive grace of Christ and the amazing love of God.
 - 2.2 To fulfill the Great Commission by witnessing for Christ.
 - 2.3 Set our sight on heaven and attain our eternal reward.

“No one who has left everything for the sake of the kingdom of God will fail to receive many times as much in this age and, in the age to come, eternal life.” (Luke 18:30)

In love Jesus gave his life for us. Are you willing to forfeit the worldly things you love in order to pursue the incorruptible eternal life?

Sharing: What important things have you given up for the sake of Christ?

What have you received from the Lord in return?

3. How to live a God-pleasing Christian life?

- 3.1 Life renewal with help from the Spirit; put on the armor of God to fight the good fight as an elite soldier of Christ.
- 3.2 Humbly and obediently keep in step with the Spirit in faith, hope, and love.
- 3.3 Love God with all our heart and soul and mind and strength; put God first in everything; love our neighbor as ourselves.
- 3.4 Give ourselves entirely to God; imitate Christ; glorify God; live for the Lord; fearlessly share the Good News.

Sharing: Regarding all the Christ-like qualities and deeds above,

what would be our shortfalls?

Do not despair. If our heart is willing, God will help us. The Spirit will empower and enable us.

“... We constantly pray for you that our God may count you worthy of his calling, and that by his power he may fulfill every good purpose of yours and every act prompted by your faith.” (2 Thessalonians 1: 11)

4. How can we obtain the heavenly reward that God will bestow upon us—eternal life?

“But you, dear friends, build yourselves up in your most holy faith and pray in the Holy Spirit. Keep yourselves in God’s love as you wait for the mercy of our Lord Jesus Christ to bring you to eternal life.” (Jude 20-21)

Sharing: From the guidance of the apostle Jude, the building up of our faith, praying in the Spirit, keeping ourselves in God’s love, waiting for the mercy of Jesus Christ, and attaining eternal life ought to be the desires of every Christian. What are your thoughts regarding these guidance and encouragement?

Conclusion

- God’s will towards us is that we would be a mature Christian, witness for Christ, and living an abundant life centered in Christ so that we may inherit the everlasting life that He has promised to reward us.
- May we keep this goal and glorious hope alive every day till we see His face.
- Be assured that this hope will not be in vain; there is in store for us the crown of righteousness which the Lord, the righteous Judge, will award to us on that day.

“Therefore, I urge you, brothers, in view of God’s mercy, to offer your bodies as living sacrifices, holy and pleasing to God—this is your spiritual act of worship.” (Romans 12:1)