

# 題目： 查察, 認罪, 悔改, 罪赦 的反思

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## 問題討論：

### 1. 分享個人經歷, 曾經作過甚麼查察?

觸發你去查察是甚麼原因?

事情經過?

查察的時候, 內心有甚麼掙扎?

有甚麼學習?

對日後基督徒生活有甚麼影响?

### 2. 分享一些例子:

A. 行為層面, 表面上並沒有犯錯, 但係心態上, 動機上, 確實係有錯。

B. 既然表面上沒有錯, 有甚麼原因觸動你去查察?

### 3. 關於罪的疑問

A. 一個謹守法律, 心地善良, 樂於助人的好人, 是否還是罪人?

B. 罪的本質是甚麼?

C. 我們要如何處理罪?

### 4. 細閱下面經文:

詩篇 51: 1-10

背景: 當大衛與拔示巴同房以後, 設計殺害她的丈夫烏利亞, 先知拿單前來斥責大衛, 大衛把這一段“求赦罪”的經歷, 寫成這首詩.

51:1 上帝呀, 求你憐憫我, 因為你有永恆嘅愛! 求你除去我嘅過犯,  
因為你有無窮嘅仁慈!

51:2 求你清除我嘅邪惡，洗淨我嘅罪孽！

51:3 我知道我嘅過犯；我自覺常係罪惡中。

51:4 我犯罪冒犯你，我得罪嘅係你；我做咗你認為邪惡嘅事。

因此，你審判我係理所當然；你責罰我係我所應得。

51:5 我係母胎時就有惡；我出生之日就充滿罪。

51:6 你所要求嘅係真誠嘅心；求你用你嘅智慧充滿我。

51:7 求你除去我嘅罪，使我潔淨；求你洗淨我，使我比雪更白。

51:8 求你俾我聽聞歡喜快樂嘅聲音；你雖然粉碎我，我會再次歡樂。

51:9 求你掩面唔睇我嘅罪，除去我一切嘅過犯。

51:10 上帝呀，求你為我造純潔嘅心；求你賜我又新又正直嘅靈。

A. 每一段下劃綫的經文，表明求罪赦時，詩人用了的甚麼原則？

B. 詩人求罪赦的內容及態度，與我們求罪赦有些甚麼相似地方？有些甚麼不同地方？

## 5. 求罪赦的重點:

第一: 要 信耶穌, 接納耶穌為我們個人的救主。

第二: 要 真誠認罪, 承認自己所犯的罪, 認知內心亦有罪性, 不能自救。

第三: 要 誠心悔改, 改正錯誤的思想, 言語, 行為。改變心思意念, 追求行事為人要與悔改的心相稱。

第四: 要 立心守道, 立心從今以後, 按照聖經的教訓, 過基督徒的生活。

第五: 要 以信心 接納上帝的罪赦。

A. 對於以上五點, 你有甚麼體會? 有甚麼疑問呢?

B. 分享一下你求罪赦的時候, 會遇到些甚麼難題?

C. 以上的重點對你又有甚麼幫助?

## 經文附錄:

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### 查察

詩篇 119: 59

「我反省自己行嘅路，決意轉向你嘅法度。」

以西結書 18:28

「佢省察、改過，所以必得生。」

路加福音 11:35

「所以，要省察，免致你裏頭嘅光變成黑暗。」

哥林多後書 13:5

「你哋要考驗自己，省察自己，睇吓你哋係唔係過住信心嘅生活。你哋若經得起考驗，就應該知道耶穌基督係你哋嘅生命中。」

羅馬書 2:16

「所以，按照我傳嘅福音，上帝喺末日要藉基督耶穌，對人心中嘅隱祕，實行審判。」

箴言 4:23

「所思想嘅要謹慎；你嘅生活形態係由你嘅思想造成嘅。」

### 認罪

利未記 5：5

「人有罪就必要認罪。」

雅各書 5：16

「你哋要互相認罪，彼此代禱，使你哋得到醫治。義人嘅禱告有好大嘅功效。」

羅馬書 1: 28 - 31

「既然人認為唔使承認上帝，上帝就任從佢哋存住敗壞嘅心，做唔應該做嘅事。佢哋充滿各樣不義、邪惡、貪心、毒行；亦充滿嫉妒、兇殺、爭鬥、詭詐，同陰謀。佢哋造謠，彼此詆毀。佢哋憎恨上帝，互相侮辱，傲慢，自誇，惹是生非，唔孝順父母，喪盡天良，言而無信，冇愛心，冇同情心。」

約翰一書 3 : 4

「所有犯罪嘅，係違背上帝嘅律法，因為罪就係違背律法」。

創世記 3:6

「女人見嗰個樹嘅果好睇、好食，又能得到智慧，就好羨慕。佢就摘嚟食，又俾佢丈夫食；佢丈夫又食咗。」

## **悔改**

路加福音 5:32

「我（耶穌）嚟嘅目的唔係要叫義人，而係要叫罪人悔改。」

使徒行傳 3:19

「所以，你哋要悔改，轉向上帝，佢就赦免你哋嘅罪。」

使徒行傳 26:20下

「（保羅）喺全猶太同異邦人中勸勉佢哋必須悔改，歸向上帝，所作所為要符合佢哋悔改嘅心志。」

歷代志略下卷 7:14

「只要佢哋向我（耶和華）祈禱，並悔改，離棄佢哋所做嘅壞事，我就會由天上垂聽佢哋，赦免佢哋嘅罪，重新使佢哋嘅地繁榮。」

路加福音 15:7

「同樣，我（耶穌）話你哋知，一個罪人悔改，喺天上嘅喜樂會比已經有九十九個無需悔改嘅義人所有嘅喜樂重大呀！」

# **罪赦**

約翰一書 1: 8 - 9

「若我哋話自己冇罪，就係自欺，真理就同我哋冇關係。若我哋向上帝認罪，佢係信實公義嘅，佢必赦免我哋嘅罪，洗淨我哋犯嘅各種過錯。」

使徒行傳 10:43

「眾先知亦為佢作證話，凡信佢嘅，可以因佢嘅名得蒙赦罪。」

馬可福音2:3-5                      耶穌醫好瘋癱病人

「有四個人抬一個瘋癱病人嚟見耶穌；因為人多，佢哋無法將佢抬到耶穌面前。於是佢哋喺耶穌所在嘅屋頂拆開一個窿；將病人，連同佢躺嘅床，吊落去。耶穌睇見呢啲人嘅信心，就對瘋癱嘅病人話：「仔呀，你嘅罪得赦免咯。」

羅馬書3: 22-25                      上帝稱人為義

「上帝稱人為義係因為佢哋信耶穌基督。上帝噉樣對待所有相信嘅人，並冇分別：因為每個人都犯罪，虧欠上帝嘅榮耀。但上帝賜嘅恩典，因基督耶穌釋放佢哋，使佢哋白白得稱為義。上帝不惜犧牲耶穌，藉佢嘅血，使人由信佢而得到赦罪。上帝噉樣做嚟顯明自己嘅公義。因為佢忍耐，寬容人過去嘅罪。」

使徒行傳 2:38

彼得話：「你哋每人都要悔改，奉耶穌基督嘅名受洗，致令你哋嘅罪得赦，你哋就必領受所賜嘅聖靈。」

# 題目：倚賴與信從，得福無窮

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## 主要經文：以利沙幫助寡婦 (列下 4: 1-7)

4:1 有一寡婦，佢丈夫係先知羣中嘅一員；佢去見以利沙，話：「我丈夫死咗！你知佢係敬畏耶和華嘅人。現今有個債主嚟，要將我兩個仔帶去做奴隸，償還我丈夫嘅債。」

4:2 以利沙問：「我能為你做乜嘢呢？請話我知，你家中冇乜嘢呢？」寡婦話：「只有一小瓶橄欖油，此外乜嘢都冇。」

4:3 以利沙話佢知：「你去向鄰居借啲空嘅器皿，越多越好。」

4:4 然後，你同你兩個仔入屋，門埋門，將油倒入所有嘅器皿，裝滿就放喺一邊。」

4:5 於是，寡婦同兩個仔入屋，門埋門，將小瓶嘅橄欖油倒入佢個仔借嚟嘅器皿。

4:6 佢哋倒滿所有嘅器皿後，寡婦問重有冇器皿，佢個仔答：「冇。」於是，橄欖油唔再流出。

4:7 寡婦返到神嘅人以利沙處，以利沙對佢話：「將橄欖油賣去還你嘅債！剩下嘅錢足夠你同你仔嘅生活費。」

## 1) 寡婦欠債，求以利沙幫助 (列下 4:1)

參考經文：

### 1.1 詩篇 131: 1-2

「耶和華呀，我唔敢再狂傲，亦唔敢再妄自尊大。我唔敢再有大企圖，亦唔敢再做不能及嘅事。

我安適滿足，好似斷奶嘅嬰兒喺母親懷中；我嘅心亦寧靜。」

### 1.2 箴言 3: 5

「要專心信賴耶和華，唔好倚靠自己嘅聰明。」

### 1.3 希伯來書 4: 16

「所以，我哋應該大膽嚟到上帝恩典嘅寶座前，領受慈愛同恩典，做我哋隨時嘅幫助。」

分享

1.4 寡婦遭遇的各樣災難和衝擊，會為她的家庭帶來甚麼的影響？

1.5 一個平常人，若有同等際遇，會有甚麼反應？埋怨神？無助？絕望？了結生命？離棄神？

1.6 你若不認識神，會有甚麼反應？

1.7 神讓我們遇到困難，祂對我們的旨意為何？

1.8 遇到困境，我們曾用自己的方法去解決，為何會有這樣의思想和行動？

1.9 在現實環境中，誰人可以成為你的「以利沙」？你會將你的困境怎樣告訴他/她？你會有甚麼保留？

## 2) 以利沙與寡婦的對答 (列下 4:2)

參考經文

2.1 詩篇 62: 1,5

「我安靜等候上帝；佢係我嘅拯救者。

我安靜等候上帝；佢係我惟一嘅希望。」

2.2 啓示錄 3: 8

「我知你嘅行為；你只有啲力量，亦曾遵守我嘅教訓，唔棄絕我嘅名。我已經嚟你前開咗一度門，係冇人能門嘅」。

分享

2.3 你曾經遇過甚麼無計可施的「絕境」？當時的心境是怎樣的？神怎樣引領你渡過難關？而你當時唯一的「一樽橄欖油」是甚麼？

### 3) 以利沙給寡婦的的指導 (列下 4: 3-4)

參考經文

#### 3.1 箴言 4:1

「年輕人呀，要聽從你父親嘅教訓；你專心領取，就會明白。」

#### 3.2 提後 3: 14-15

「你要持守你所接受同確信嘅真理。你知道邊個係你嘅導師；你亦記得你從細就明白聖經，係俾你智慧、指引你因信基督耶穌而獲得拯救嘅智慧。」

分享

#### 3.3 神所指引的教導，有那些我們仍實踐不來？原因何在？應該如何實踐？

### 4) 寡婦及兒子—同經歷神之過程 (列下 4: 5-6)

5 於是，寡婦同兩個仔入屋，門埋門，將小瓶嘅橄欖油倒入佢個仔借嚟嘅器皿。

6 佢哋倒滿所有嘅器皿後，寡婦問重有冇器皿，佢個仔答：「冇。」於是，橄欖油唔再流出。

分享

#### 4.1 先知對寡婦和她兩個兒子的吩咐，給我們有甚麼提示和應許？

#### 4.2 從上述兩節經文中，在屬靈方面我們有何學習？在實踐方面，我們欠缺了甚麼？有何方法可以補救？

### 5) 寡婦再到以利沙處求指引 (列下 4:7)

參考經文

#### 5.1 詩篇 32:8

「耶和華話：我要指示你應該行嘅道路；我要教導你，時時規勸你」。



## 5.2 箴言 3:6

「無論做乜嘢事，都要認定佢，佢就會指示你行正直嘅路。」

## 5.3 腓立比 4:19

「我嘅上帝會照佢嘅基督耶穌裏嘅豐富，將你哋所需要嘅一切賜俾你哋。」

分享

5.4 思想你是寡婦及兒子，再聽聞以利沙的指示後，你將有何跟進的行為？

5.5 在我們靈命方面，有甚麼地方可以效法和跟進？

**謹以一段詩歌互相勉勵：**

「倚賴信從，我必得福無窮，無別法可享福祉，惟是倚賴信從。」

(五旬節詩歌 118 首)

## Day 1: 17 August 2020 (Monday)

### Reflection on Self-Examination, Confession, Repentance, and Remission of Sin

#### Questions for Reflection and Discussion

#### 1. Sharing of personal experience: What kind of self-examination have you done?

What was the reason that triggered you to examine yourself?

How did the whole process go?

During your self-examination process, what were your inner struggles?

What did you learn from that?

What effect(s) did it have on your life as a believer afterward?

#### 2. Sharing of personal examples

A. On the surface there appeared to be no wrong behavior, but in terms of attitude and motive you were wrong.

B. Since there was no wrong action or behavior, what were the reasons that drove you to self-examine?

#### 3. Questions about SIN

A. Is a law-abiding, kind-hearted, and helpful person still a sinner?

B. What is the essence or nature of sin?

C. How should we deal with sin?

#### 4. Read the following passage: Psalm 51: 1-10

Background: After David had an adulterous affair with Bathsheba, he conspired to kill her husband Uriah. The prophet Nathan confronted and rebuked him; so David wrote the following passage to describe the process of his **repentance** and **confession** in this Psalm of Repentance.

<sup>1</sup> Have mercy on me, O God,  
**according to your unfailing love;**  
according to your great compassion  
blot out my transgressions.

<sup>2</sup> Wash away all my iniquity  
and cleanse me from my sin.

<sup>3</sup> **For I know my transgressions,**  
and my sin is always before me.

<sup>4</sup> **Against you, you only, have I sinned**

and done what is evil in your sight;  
so you are right in your verdict  
and justified when you judge.

<sup>5</sup> **Surely I was sinful at birth,**

sinful from the time my mother conceived me.

<sup>6</sup> Surely you desire **truth in the inner parts;**

you teach me wisdom in the inmost place.

<sup>7</sup> **Cleanse me** with hyssop, and I will be clean;

wash me, and I will be whiter than snow.

<sup>8</sup> Let me hear joy and gladness;

let the bones you have **crushed** rejoice.

<sup>9</sup> Hide your face from my sins

and blot out all my iniquity.

<sup>10</sup> Create in me a pure heart, O God,

and **renew a steadfast spirit within me.**

A. Referring to the underlined statements above, what principles were the psalmist applying when he was repenting of and confessing his sins?

B. What are the similarities between the attitude and the content and substance of his confession and those of ours? And what are the differences?

## 5. Main issues about Confession

5.1 **Believe in the Lord Jesus:** accept Jesus Christ as our Personal Savior;

5.2 **Genuine confession:** acknowledge the sins we have committed, as well as the sinful nature within our hearts, that we cannot save ourselves.

5.3 **Genuine repentance:** Correct (make right) our wrong thoughts, words, and behaviour in keeping with our repentance.

5.4 **Determination to keep God's Commands:** Having the determination to live out the new life in Jesus Christ according to biblical instructions from this point onward.

5.5 In **faith** accept God's forgiveness.

A. Regarding the five points above, what is your understanding of them? What are your doubts?

B. Please share the difficulties you have encountered during the process of repentance and confession.

C. In what ways do you find the above five points helpful?

## Related Scriptures

### Self-Examination

Psalm 119:59

<sup>59</sup> I have considered my ways  
and have turned my steps to your statutes.

Ezekiel 18:28

<sup>28</sup> Because they consider all the offenses they have committed and turn away from them, that person will surely live; they will not die.

Luke 11:35

<sup>35</sup> See to it, then, that the light within you is not darkness.

2 Corinthians 13:5

<sup>5</sup> Examine yourselves to see whether you are in the faith; test yourselves. Do you not realize that Christ Jesus is in you—unless, of course, you fail the test?

Romans 2:16

<sup>16</sup> This will take place on the day when God judges people's secrets through Jesus Christ, as my gospel declares.

Proverbs 4:23

<sup>23</sup> Above all else, guard your heart, for everything you do flows from it.

### Confession

Leviticus 5:5

<sup>5</sup> when anyone becomes aware that they are guilty in any of these matters, they must confess in what way they have sinned.

James 5:16

<sup>16</sup> Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective.

Romans 1:28-31

<sup>28</sup> Furthermore, just as they did not think it worthwhile to retain the knowledge of God, so God gave them over to a depraved mind, so that they do what ought not to be done.

<sup>29</sup> They have become filled with every kind of wickedness, evil, greed and depravity. They are full of envy, murder, strife, deceit and malice. They are gossips,

<sup>30</sup> slanderers, God-haters, insolent, arrogant and boastful; they invent ways of doing evil; they disobey their parents;

<sup>31</sup> they have no understanding, no fidelity, no love, no mercy.

1 John 3:4

<sup>4</sup> Everyone who sins breaks the law; in fact, sin is lawlessness.

Genesis 3:6 <sup>6</sup> When the woman saw that the fruit of the tree was good for food and pleasing to the eye, and also desirable for gaining wisdom, she took some and ate it. She also gave some to her husband, who was with her, and he ate it.

## Repentance

Luke 5:32

<sup>32</sup> I have not come to call the righteous, but sinners to repentance.”

Acts 3:19

<sup>19</sup> Repent, then, and turn to God, so that your sins may be wiped out, that times of refreshing may come from the Lord,

Acts 26:20b

<sup>20b</sup> I preached that they should repent and turn to God and demonstrate their repentance by their deeds.

2 Chronicles 7:14

<sup>14</sup> if my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land.

Luke 15:7

<sup>7</sup> I tell you that in the same way there will be more rejoicing in heaven over one sinner who repents than over ninety-nine righteous persons who do not need to repent.

## Remission/Forgiveness of Sin

1 John 1:8-9

<sup>8</sup> If we claim to be without sin, we deceive ourselves and the truth is not in us.

<sup>9</sup> If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.

Acts 10:43

<sup>43</sup> All the prophets testify about him that everyone who believes in him receives forgiveness of sins through his name.”

Mark 2:3-5 – Jesus Heals a Paralytic

<sup>3</sup> Some men came, bringing to him a paralyzed man, carried by four of them.

<sup>4</sup> Since they could not get him to Jesus because of the crowd, they made an opening in the roof above Jesus by digging through it and then lowered the mat the man was lying on.

<sup>5</sup> When Jesus saw their faith, he said to the paralyzed man, “Son, your sins are forgiven.”

Romans 3:22-25 – God Justifies Man as Righteous

<sup>22</sup> This righteousness is given through faith in<sup>[a]</sup> Jesus Christ to all who believe. There is no difference between Jew and Gentile,

<sup>23</sup> for all have sinned and fall short of the glory of God,

<sup>24</sup> and all are justified freely by his grace through the redemption that came by Christ Jesus.

<sup>25</sup> God presented Christ as a sacrifice of atonement,<sup>[b]</sup> through the shedding of his blood—to be received by faith. He did this to demonstrate his righteousness, because in his forbearance he had left the sins committed beforehand unpunished—

Acts 2:38 <sup>38</sup> Peter replied, “Repent and be baptized, every one of you, in the name of Jesus Christ for the forgiveness of your sins. And you will receive the gift of the Holy Spirit.

## Day 2: 18 August 2020 (Tuesday)

### Trust and Obey: The Way to Receiving Countless Blessings

#### Primary Text: Elisha Helps the Widow (2 Kings 4:1-7)

<sup>1</sup> The wife of a man from the company of the prophets cried out to Elisha, “Your servant my husband is dead, and you know that he revered the LORD. But now his creditor is coming to take my two boys as his slaves.”

<sup>2</sup> Elisha replied to her, “How can I help you? Tell me, what do you have in your house?”

“Your servant has nothing there at all,” she said, “except a small jar of olive oil.”

<sup>3</sup> Elisha said, “Go around and ask all your neighbors for empty jars. Don’t ask for just a few.

<sup>4</sup> Then go inside and shut the door behind you and your sons. Pour oil into all the jars, and as each is filled, put it to one side.”

<sup>5</sup> She left him and shut the door behind her and her sons. They brought the jars to her and she kept pouring.

<sup>6</sup> When all the jars were full, she said to her son, “Bring me another one.” But he replied, “There is not a jar left.” Then the oil stopped flowing.

<sup>7</sup> She went and told the man of God, and he said, “Go, sell the oil and pay your debts. You and your sons can live on what is left.”

#### 1. A Debt-Ridden Widow Seeks Help from Elisha (2 Kings 4:1)

##### Scriptural References:

##### 1.1 Psalm 131:1-2

“My heart is not proud, LORD,  
my eyes are not haughty;  
I do not concern myself with great matters  
or things too wonderful for me.

But I have calmed and quieted myself,  
I am like a weaned child with its mother;  
like a weaned child I am content.”

##### 1.2 Proverbs 3:5

“Trust in the LORD with all your heart  
and lean not on your own understanding.”

### 1.3 Hebrews 4:16

“Let us then approach God’s throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need.”

#### Sharing

- 1.4 In what ways would the widow’s family be affected by the adversities and calamities that came upon her?
- 1.5 What would be the response of an ordinary person if such disasters fall upon him or her? Would he/she blame God? Feel helpless? Hopeless? Try to end his/her life? Forsake God?
- 1.6 If you do not know God, what would your response be?
- 1.7 What would be God’s will and purpose for us when He allows difficulties to come our way?
- 1.8 We tend to first try to resolve the problem(s) our way whenever we encounter difficulties. Why do we have this kind of attitude and behavior?
- 1.9 In real life, who would be your “Elisha”? How would you disclose your difficulties to him/her? What reservation would you have?

## 2. The Dialog between Elisha and the Widow (2 Kings 4:2)

#### Scriptural References:

### 2.1 Psalm 62:1, 5

“Truly my soul finds rest in God;  
my salvation comes from him.

Yes, my soul, find rest in God;  
my hope comes from him.”

### 2.2 Revelation 3:8

“I know your deeds. See, I have placed before you an open door that no one can shut. I know that you have little strength, yet you have kept my word and have not denied my name.”

#### Sharing

- 2.3 What kind of “helpless” and “hopeless” situation have you encountered before? How did you feel at that time? How did God lead you through that ordeal?  
  
What was your “only bottle of olive oil” at that time?

### **3. Elisha's Instructions to the Widow (2 Kings 4:3-4)**

Scriptural references:

#### 3.1 Proverbs 4:1

“Listen, my sons, to a father's instruction;  
pay attention and gain understanding.”

#### 3.2 2 Timothy 3:14-15

“But as for you, continue in what you have learned and have become convinced of, because you know those from whom you learned it,

And how from infancy you have known the Holy Scriptures, which are able to make you wise for salvation through faith in Christ Jesus.”

Sharing

3.3 What is/are the specific instructions from God that we are still unable to apply? What are the reasons? How can they be applied or practiced?

### **4. The Widow and Her Sons Experience God Together (2 Kings 4:5-6)**

<sup>5</sup> She left him and shut the door behind her and her sons. They brought the jars to her and she kept pouring.

<sup>6</sup> When all the jars were full, she said to her son, “Bring me another one.” But he replied, “There is not a jar left.” Then the oil stopped flowing.

Sharing

4.1 What did the above instructions the prophet Elisha gave the widow and her sons imply? What hint and promise can we get?

4.2 What can we learn spiritually from the above two verses? What do we lack when it comes to application? How can we remedy the situation?

### **5. The Widow Returns to Elisha for Further Guidance (2 Kings 4:7)**

Scriptural References:

#### 5.1 Psalm 32:8

“I will instruct you and teach you in the way you should go;  
I will counsel you with my loving eye on you.”



## 5.2 Proverbs 3:6

“In all your ways submit to him,  
and he will make your paths straight.”

## 5.3 Philippians 4:19

“And my God will meet all your needs according to the riches of his glory in Christ Jesus.”

## Sharing

5.4 If you were the widow and her sons, what would be your follow-up actions after hearing Elisha’s instructions?

5.5 What would be our follow-up actions regarding our spiritual life now?

## **Conclusion: A Chorus for Our Mutual Encouragement**

“Trust and obey, for there’s no other way  
To be happy in Jesus, but to trust and obey.”

[Chorus, *Trust and Obey* (Hymn #118)]